

ALLERGENIC TREES OF THE NEW YORK CITY METRO AREA¹

NEW YORK CITY				UPSTATE NY			LONG ISLAND		NEW JERSEY				CONNECTICUT	
New York	Bronx	Kings	Queens	Richmond	Rockland	Westchester	Nassau	Suffolk	Bergen	Hudson	Essex	Union	Middlesex	Fairfield

CROSS-REACTIVE TREES

Alder, Tag/Smooth														
Birch, Black/Sweet														
Birch, Red/River														
Birch, White														
Hazelnut														
Ash, Red/Green														
Ash, White														
Beech, American														
Oak, Black														
Oak, Bur														
Oak, Post														
Oak, Red														
Oak, White														
Box Elder														
Maple, Red														
Maple, Soft/Silver														
Maple, Sugar/Hard														
Aspen														
Cottonwood, Eastern														
Poplar, White														
<i>Willow, Black²</i>														
Elm, American														
Elm, Siberian														
Hickory, Pignut														
Hickory, Shagbark														
Hickory, White (Mockernut)														
<i>Walnut, Black²</i>														
Mulberry, Paper														
Mulberry, Red														
Mulberry, White														
Pine, Virginia/Scrub														
Pine, Yellow (Shortleaf)														
Pine, White														



OTHER TREES

Cedar, Red														
Hackberry														
Locust, Black ³														
Privet, Common ³														
Russian Olive														
Sweet Gum														
Sycamore, Eastern														

¹ Species grouped in boxes are cross-reactive

² Italicized species demonstrate only moderate cross-reactivity with other(s) in the respective box

³ This species is insect-pollinated

	Present in area
	Absent in area or unconfirmed

ALLERGENIC GRASSES OF THE NEW YORK CITY METRO AREA¹

NEW YORK CITY				UPSTATE NY			LONG ISLAND		NEW JERSEY				CONNECTICUT	
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CROSS-REACTIVE GRASSES



Bermuda														
Salt														
Blue, Canada														
Blue, Kentucky/June														
Brome, Smooth														
Canarygrass, Reed														
Couch/Quack														
Meadow Fescue														
Orchard														
Redtop														
Rye, Italian														
Rye, Perennial														
<i>Sweet Vernal</i> ²														
Timothy														
<i>Velvet</i> ²														

OTHER GRASSES

Johnson														
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ALLERGENIC WEEDS OF THE NEW YORK CITY METRO AREA¹

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CROSS-REACTIVE WEEDS

Amaranth, Palmer				■										
Careless Weed			■				■	■	■	■			■	■
Pigweed, Rough/Redroot			■	■			■	■						■
Pigweed, Spiny			■							■				■
Western Water Hemp					■									■
Dock, Yellow	■	■	■	■		■		■	■	■	■			■
Sorrel, Sheep/Red	■	■	■	■	■	■	■	■	■		■	■	■	■
Mugwort, Common		■	■	■	■	■		■	■	■		■		■
Mugwort, Darkleaved										■				■
Ragweed, Giant		■	■		■	■	■	■	■		■	■	■	■
Ragweed, Short	■	■	■			■		■	■		■	■	■	■
Ragweed, Western		■						■						

OTHER WEEDS

Cocklebur		■	■	■		■		■	■					■
Goldenrod ²	■	■	■	■	■	■	■	■	■	■	■	■	■	■
Kochia/Firebush			■			■								■
Lamb's Quarter	■	■	■	■		■		■	■		■	■	■	■
Marsh Elder, Burweed		■								■				■
Nettle		■	■	■		■	■	■	■	■	■		■	■
Plantain, English	■	■	■				■	■			■	■	■	■
Russian Thistle		■	■	■	■			■	■					■

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